



# Monthly Community Update

## March 2025

### Food insecurity has become a national emergency

- It took 25 years for food bank visits in Canada to reach 1 million visits a month, but just 5 years for that figure to *double*.
- Almost one quarter (23%) of people in this country are living with food insecurity.
- Seventy percent of food bank clients live in market rental housing. The connection between affordable housing and food insecurity is undeniable.
- Working But Still Struggling. Nearly 1 in 5 food bank clients are employed but still can't make ends meet. Having a job is no longer a guarantee of food security

Served	March - 25	February - 25
Households Served	579	571
Individuals	1,439	1,402
Kids	482	460
New Clients	57	50
Unhoused	53	46
Own their own Home	59	54
Seniors	213	211
Singles	264	265
Working individuals	216	236
<b>FOOD IN</b>		
Lbs. of Food Recovered	10,608	15,327
Lbs of Food Donated	17,358	13,111
<b>Total</b>	<b>27,966</b>	<b>28,438</b>
<b>FOOD OUT</b>		
Lbs. to Clients	46,863	49,294
Lbs. to Community Agencies	3,661	3,850
<b>Total</b>	<b>50,524</b>	<b>53,144</b>

- Includes Orangeville Food Bank and Dufferin Food Share

On January 1<sup>st</sup>, 2024, the Grand Valley Food Bank joined forces with Orangeville Food Bank, now known as Dufferin Food Share Grand Valley.